





Mission Statement

To improve the health of the communities we serve.

Visit us at spectrumhealthfoundation.org.

Table of Contents

A Message From the President	4
A Message From Our Board Chairs	6
Thank You to Our Boards of Trustees	7
Thank You for Making a Difference	
Gala 2016	10-11

CLINICAL CARE

Grow Your Own	12-13
Guild Cares for Littlest Patients	14-15
A Shared Commitment to Health Care	16-17
Volunteers Fund Specialized Emergency Care	18-19
Our Organ Transplant Program	20-21
Sharing Their Blessings	22-23

RESEARCH AND INNOVATION

Boston-based Challenge Impacts Neuroblastoma	-31
Clinical Research Trials	33
Thank You to Our Guilds and Auxiliaries	34
Endowed Funds35-	37
Ways to Make a Difference	39
Distribution of Funds40	-41
Financial Summary	42
Thank You for Changing and Saving Lives	43

PATIENT AND FAMILY SUPPORT

Project Save Our Children	24-25
Healing Through Laughter, Friends and Giving	26-27
Partnership Funds Greater Access to Health	28-29



A Message From the President

Ralph Waldo Emerson once said, "To leave the world a bit better, whether by a healthy child, a garden patch, or a redeemed social condition; to know that even one life has breathed easier because you have lived—that is to have succeeded." Through your generosity, you have joined the journey of our patients and their families and have indeed helped them breathe easier.

You have touched thousands of lives through your gifts, and this report reflects a small sample of how you are making a difference. We are truly honored and privileged to partner with you to save and change lives.

Warmest regards,

Licei because

Vicki Weaver, President Spectrum Health Foundation Helen DeVos Children's Hospital Foundation

Because of You ...



Babies throughout Michigan have been transported by the NICU team to Helen DeVos Children's Hospital Wish list items were fulfilled, totaling \$98,560



Stays at Renucci Hospitality House, providing a home away from home

Free mammograms for medically underserved patients

234

4 in 24

Two heart + two lung transplants in 24 hours, saving four lives in one day

Lifesaving adult blood and marrow transplants



A Message From Our Board Chairs

"Gratitude," a simple word that has profound meaning to us and our physicians, nurses, patients and families. We know that giving is a choice and we are honored that you choose to support Spectrum Health, including Helen DeVos Children's Hospital.

We are grateful for the clinical programs you have helped us expand, the support you have helped provide our patients and their families, and for the resources you have helped provide to lead innovative research projects. You are an essential part of our team and we will always be grateful for your support. On behalf of the Spectrum Health Foundation Board and the Helen DeVos Children's Hospital Foundation Board, we thank you.

Davey Mehney, Board Chair Spectrum Health Foundation

Patricia Detz

Patricia Betz, Board Chair Helen DeVos Children's Hospital Foundation

Thank You to Our Boards of Trustees

As trustees of Spectrum Health Foundation and Helen DeVos Children's Hospital Foundation, your passionate leadership helps us advance health care through philanthropy. Your unwavering commitment to our patients and their families makes it possible to advance the health and well-being of our community. Thank you for leading by example with dedication and generosity. You are making a difference as together we help save lives and inspire hope for those who count on us every day for care.

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Thank You for Making a Difference

For the past 16 years, it has been my privilege to work with a philanthropic community committed to high-quality, low-cost health care in West Michigan. Together we have worked to make Spectrum Health a national leader for health.

In that time, I have come to recognize several special characteristics about our region: an exceptional work ethic, a spirit of collaboration, and a willingness to embrace and support change.

These characteristics, combined with your generosity, have helped us become one of the 15 Top Health Systems in the United States, but our mutual investment in West Michigan goes beyond having top doctors, hospitals and insurance products. We have forged relationships that are breathing new life into facilities, providing innovative programs to the underserved and helping prevent disease and illness. Our efforts have had a positive impact on the financial and physical well-being of our communities.

As West Michigan's only locally governed, integrated health system, Spectrum Health has a vested interest in the health of the communities we serve; it's our mission.

We hope you feel a sense of pride in the health system that you have helped create. Your generosity is helping us make a difference for thousands of lives each year—one patient and family at a time. Thank you for your commitment.

Sincerely,

Richard C. Breon President & CEO Spectrum Health



Thank you for supporting the lifesaving programs and services provided by our team every day. I appreciate your generosity and commitment to Spectrum Health, and your confidence in the care we deliver to families throughout West Michigan.

Giving comes in many forms, including individual donors; community support and volunteers and guild members who graciously give their time of gifts and talents. Together, this tremendous effort makes a difference for our patients and families and is helping to improve health and wellness across our region. Thank you for your ongoing dedication to Spectrum Health. We are all proud of the exceptional clinical care we are delivering close to home. We are honored you are partnering with us on this journey for better health.

Churtine M Cun Duk

Tina Freese-Decker President Spectrum Health Hospital Group



Your continued support is truly overwhelming. Thanks to you, we are improving the health of the communities we serve today, and for a future of tomorrows.

Our patients benefit daily from your extraordinary dedication and your passion. This donor report shares just a few examples of the impact of your gifts. Thank you for your ongoing commitment.

On behalf of the Spectrum Health Medical Group, your support is helping us make a difference for thousands of lives each year—one patient and family at a time.

Such W. Wolk

Seth W. Wolk, MD President Spectrum Health Medical Group



Helen DeVos Children's Hospital continues to grow and evolve because of your generous donations. We are still a young children's hospital, only 23 years old this year. We had some fun in January 2016 celebrating the fifth birthday of our wonderful new children's hospital. Thanks to you, we continue to add new clinical services such as the congenital heart center, and new patient and family support programs such as music therapy and the Peter and Joan Secchia CarePartners Program. Our research efforts also continue to grow rapidly, particularly in our children's cancer program.

Thank you for your trust, confidence and generosity. You are making an ongoing investment in our children's health, and without your support this wonderful healing place would not be possible.

Robert H. Connors, MD President Helen DeVos Children's Hospital

Gala 2016

We are truly grateful for your generosity and support of Gala 2016 and the Helen DeVos Children's Hospital Pediatric Pain and Palliative Care Program.

With the support of funds raised through the gala, a comprehensive pain program will be developed at Helen DeVos Children's Hospital that will improve how we prevent, assess and treat pain in all children we see.

Thank you.

Nearly \$900,000 given in program funding





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Grow Your Own

Fund provides advanced education for neonatal intensive care unit nurses

Erica Snyder, MSN, NNP-BC, is a nurse practitioner at The Gerber Foundation Neonatal Center at Helen DeVos Children's Hospital. The "grow your own" neonatal nurse practitioner (NNP) program has helped Erica achieve her personal and professional goals. "When I was in nursing school, I knew I wanted to further my education and eventually become a nurse practitioner," she said. "The program provided me an incredible opportunity to achieve my advanced degree while continuing to work as a practicing nurse."

Philanthropically funded, the "grow your own" NNP program is making a difference by providing bedside nurses with funding to earn advanced degrees and become certified nurse practitioners. "The neonatal intensive care unit (NICU) continues to grow. An increasing number of babies and families are receiving care at Helen DeVos Children's Hospital because of our excellent reputation and the services we provide. At the same time, some of our senior neonatal nurse practitioners are retiring," said Joan Rikli, director, Spectrum Health Neonatal Intensive Care Unit and Women's Services. "Therefore, we wanted to find a meaningful way for bedside nurses to expand their knowledge and skills and join the excellent nurse practitioner team. This is a multiple-year endeavor, and one we are very proud to offer." The staffing goal is 15 neonatal nurse practitioners providing familycentered, specialized care for premature and critically ill infants.

> Smallest baby was

420 grams

As a Level IV regional neonatal intensive care unit, The Gerber Foundation Neonatal Center is one of the largest in the country. With more than 100 beds, it offers some of the most technologically advanced treatments available and requires a highly trained nursing staff.

The NICU serves patients near and far by providing neonatal transport services. Led by a neonatal nurse practitioner, critically ill infants are transported in a specially designed ambulance equipped as a mobile neonatal intensive care unit. Transport team members include a NICU transport nurse and a respiratory therapist to ensure infants arrive safely at Helen DeVos Children's Hospital.

"We begin our relationship with the infants and their families in the delivery room or at the outlying hospital on a transport and carry that through discharge," said Erica. "Some infants are here for a short stay; others are here for months. The relationships we develop with our patients and their families are certainly a reason I love my job. I love being a nurse practitioner at Helen DeVos Children's Hospital. On behalf of my colleagues and me, we extend our heartfelt thanks to the donors who have provided us this opportunity to further our expertise and care for our most fragile babies."

> 9 NUISES Completed program

lelen DeVos Childrensk







REWEIGH ZERO

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Spectrum Health Foundation Pennock Board of Directors

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Pennock Pediatric Guild Cares for Littlest Patients

Gifts over the years have touched the lives of newborns

The Spectrum Health Pennock Pediatric Guild was founded by five members in 1972. Since then, the guild membership has grown to as many as 36 women. "I've been involved with the guild for 40 years," said Ruth Hokanson, guild president. "I never had children of my own and this is a meaningful way to make a difference in my life and the lives of our littlest patients." The pediatric guild stays faithful to their efforts in providing generous donations to Spectrum Health Pennock by coordinating bake sales, craft shows and various fundraisers throughout the year.

Donations provided by the Pennock Pediatric Guild fill the hearts of even the littlest patients. Their most recent donation provided two new digital baby scales, replacing the first digital scales they purchased in 1987. "The new scales enhance the patient experience," said Hollie Raffler, registered nurse. "We have one in the nursery and one we bring into the mother's room—minimizing the separation from the baby." Thank you to the Pennock Pediatric Guild for providing more than \$30,000 in educational supplies and videos, rocking chairs, feeding spoons, strollers, toys, baby socks, mittens, and so much more. Your thoughtfulness is touching the lives of our newborns. "We love our community hospital," says Ruth. "I was born here and my great-aunt was born here. My heart is here."



In educational supplies and videos, rocking chairs, feeding spoons, strollers, toys, baby socks, mittens and so much more

Pediatric Guild members include: Ruth Casler, Wendy Cisler, Renee Collins, Virginia DeLong, Sandy Forbush, Nancy Herzel, Ruth Hokanson, Rosie Lake, Deb Lustey, Jan McCaul, Pattie Oakland and Diane Williams.





Spectrum Health Foundation Big Rapids and Reed City Hospitals Board of Directors

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A Shared Commitment to Health Care

Couple's gift improves cancer care at Big Rapids and Reed City hospitals

Arnie and Isabel Kempton are a humble and dynamic couple who approach problem-solving from different directions but arrive at similar conclusions. One conclusion is making a difference in cancer care and prevention in Big Rapids and Reed City.

Health care services, specifically within a vibrant community hospital, are important to them personally and professionally. "My first wife had breast cancer and our son had throat cancer," said Arnie. "We recognize the significance of having specialized services close to home. When there are so many things given to us, you need to give back. We get enjoyment out of supporting our community and our hospital."

Professionally, Dr. Isabel Barnes-Kempton, dean for Ferris State University's College of Health Professions for more than 15 years, was the longest-serving dean to date and set the foundation for much of the college's curriculum in health sciences today. Arnie Kempton manages his family's centennial farm, was an Air Force Medical Corps veteran, a long-term public servant and a Mecosta County Sheriff Deputy. They met while serving on the Mecosta County General Hospital Board (Spectrum Health Big Rapids Hospital). They served a combined 25 years and back-toback terms as chair and vice chair. Both widowed, they found love again and married in 2000. Isabel and Arnie continue to celebrate their shared commitment to health care through philanthropy and volunteer work. They generously supported the Susan P. Wheatlake Center infusion stations and conference rooms in honor of their son, Rick Kempton. Their gift of a digital mammography at Spectrum Health Big Rapids Hospital is in honor of Arnie's first wife, Mary.

While Isabel has remarked, "We don't really do anything special—it's just a part of who we are," their generosity of spirit and resources was formally recognized with the naming of The Kempton Center for Women.







Digital mammography units

Spectrum Health Foundation Ludington Hospital Board of Directors

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SPECTRUM HEALTH HEISPITELS

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Ludington Volunteers Fund Specialized Emergency Care

Making a difference one dollar at a time

Volunteers at Spectrum Health Ludington Hospital filled a significant need through their contributions—funding the private patient consulting room in our emergency department and the Aero Med Spectrum Health helipad. "Our volunteers discussed different options for funding," said Candy Favas, volunteer president from 2012 to 2014. "The patient consult room provides extra privacy and the helipad means people can be quickly moved to the specialized care they need."

Patients like Sloane Alway. "The helipad made a difference on Christmas Eve when Santa Claus traded his red suit for hospital scrubs and his sleigh for an Aero Med helicopter." This is the way Rob and Becky Alway of Scottville, Michigan, remember Christmas Eve 2015. Their 14-month-old daughter, Sloane, was convulsing and became unresponsive. Sloane had another, more intense seizure, in the emergency room at Spectrum Health Ludington Hospital. The second seizure lasted nearly an hour. Concerned over how long the seizure lasted, emergency department physician Robert Joyce, DO, decided to call Aero Med and transfer Sloane to Helen DeVos Children's Hospital at Spectrum Health.

"Before leaving the emergency room in Ludington, the Aero Med pilot pulled us aside and told us about his own children," Rob said. "He connected with us in a way that only another parent could." While the family made the 96-mile drive to Grand Rapids, the Aero Med crew stayed in contact with them by cellphone to ease their concerns.

> 123 volunteers

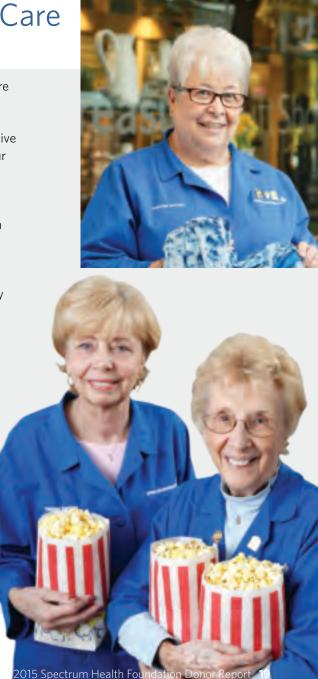
After multiple tests, Sloane's diagnosis was a febrile seizure caused by the rapid onset of a high fever. In this case, she was taking antibiotics for an ear infection. Sloane's case is only one example of the hundreds of meaningful and positive differences made through contributions and services of our truly exceptional volunteers.

Volunteers at Ludington Hospital have a longstanding history of philanthropic generosity that began in 1939 with the donation of decorations for the new hospital. Over the years, they have cumulatively given more than \$600,000 through gift shop and vendor sales, special events, and popcorn sales. They raise money one dollar at a time. They raised so many dollars that they fulfilled their original five-year helipad pledge three years early. "As soon as the helipad was completed, we saw a great number of air lifts, especially during the winter months when roads are icy and treacherous," said Terri Langerak, current volunteer president. "I believe contributions to our hospital have helped calm nerves, save lives and take some stress away during traumatic times. I know it will continue to serve our growing community long into the future."

Groups like the Ludington volunteers are sincerely appreciated. We thank them not only for their contributions of time and money, but for their long-term commitment to supporting patients and families.



\$125,000 to the Aero Med helipad and emergency room patient consult room



FAITH

Our Organ Transplant Program

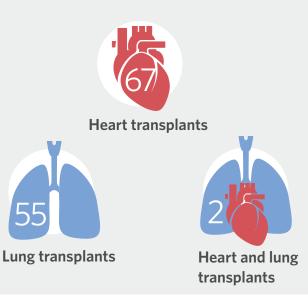
Four transplant surgeries in one day help those with chronic disease

The Spectrum Health Richard DeVos Heart and Lung Transplant Program gave Rose Black the ability to leave the oxygen tanks behind and, for the first time, take walks with her children. Rose, diagnosed with constrictive bronchiolitis obliterans, had 20 percent lung capacity and little energy to do most day-to-day activities. "I was on another lung transplant list for eight years and I was losing hope," said Rose. "It was a miracle and a blessing to receive the call from Spectrum Health saying, 'We have a donor match for you, Rose.""

Your gifts are changing the lives of our patients' families as well. Rose's daughters, 14-year-old, Raimee and 13-yearold Brailee, now realize what it is like to have their mother drive them to school, volunteer in their classes and shop at the mall. "Mom is up and around," said Raimee. "Before the transplant she was so tired, hardly ever smiled, and now she is always happy—and that makes us happy."

Rose was part of a milestone transplant-marathon moment when the transplant team saved four lives in 24 hours. Robert Charles Highley and Rose share the same donor and Wlodzimierz Lukasik and Paul Skarl share the same donor. Lukasik and Highley received hearts; Paul Skarl received a lung and Rose received two lungs. After struggling to accomplish even simple tasks pre-transplant, the four patients said they will now have the freedom to enjoy life, be active with their loved ones and plan for the future. The ability to perform four transplants of this type is a testament to the impact donations have made in the past five years. "It required something of a small army to make it happen, including many who came in on their day off and those who worked through day and night," said Reda Girgis, MD, medical director for lung transplants. "It speaks to the commitment of everyone who works here. It's a herculean effort."

The foundation thanks Richard and Helen DeVos for their generosity in helping to bring the heart and lung transplant program to Spectrum Health. Their commitment, along with other donors is forever changing the lives of our patients.









Spectrum Health Foundation Zeeland
Community Hospital Advisory CommitteeUlli BowenAndy OttemanSara DonkerslootRyan PowersTami ElhartHarold Vanden BoschRon LewisFoundation Content

Sharing Their Blessings

Family commitment to giving translates into new services

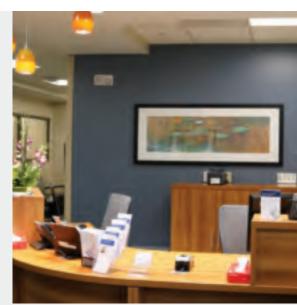
Thanks to the Jack and Mary De Witt family, patients now have access to specialty and cancer care in Zeeland, Michigan. The art of giving in the De Witt family is generational. Jack's parents, Marvin and Jerene DeWitt, began the legacy of using their gifts to bless many organizations, including Spectrum Health Zeeland Community Hospital's Administrative Professional Building. "We are blessed to be a blessing to our community and look for opportunities to give back," said Jack De Witt. Some of these opportunities present themselves through personal experiences.

Jack and Mary's daughter Jacqueline Curtiss (De Witt), is a cancer survivor, so when the opportunity to bring cancer services to Zeeland presented itself, the De Witt family led the fundraising efforts with the initial gift. "We watched our daughter fight and beat cancer," said Jack. "We want our community hospital to continue to improve and grow. We know Zeeland families will benefit from being part of a larger health care system, and in this case, a part of the Spectrum Health Cancer Center. When we are sick, we want to be close to home."

The De Witt family demonstrates commitment in their philanthropy, but also in their extraordinary zeal in their gift of time. Jack and Mary, and their children have served on various local boards. An example is Jack and Mary's daughter Laurie Wierda (De Witt), who is serving as a member of the Helen DeVos Children's Hospital Foundation Board. The De Witts have two grandchildren who needed the specialty services at Helen DeVos Children's Hospital. "One grandchild experienced seizures and was taken by Aero Med Spectrum Health and the other had an unusual and rare diagnosis," said Jack. "I am reminded how fortunate we are to have these services here in West Michigan. We want to support our community through our giving and humbly give to Spectrum Health Zeeland Community Hospital and Helen DeVos Children's Hospital."

The foundation honors the De Witt family for sharing their blessings and supporting our mission to improve the health of the communities we serve through philanthropy.







Spectrum Health Foundation United and Kelsey Hospitals Board of Directors

Jusith Amparo, DO Jon Aylsworth Linda Blanchard Keane Blaszczynski Brian Brasser Karen Carbonelli Kim Carr Lisa Day Harry Deane Cherie Foster Rocky Hansen, OD Rita Huffman Ryan Johnson Bryan Kading Tammarie Longeliere Tiffany Padden, DC Kim Putt Carolyn Slocum Glenn Tissue Phil Tower Mike Verdun Shelly Westbrook Greg Workman

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Project Save Our Children

United and Kelsey Hospitals provide virtual educational experience for teens

According to a Wood TV 8 news release on July 22, 2015, a 16-year-old distracted driver was driving eastbound when she ran a stop sign and continued east onto the gravel portion of the road. The teen veered off the road, overcorrected and lost control. Her vehicle traveled sideways through a field and the front yard of a nearby home, striking a tree. It appears the teen was distracted by her cellphone and speed is believed to be a factor. Although the driver was not injured, the accident is why Project Save Our Children is so important.

Project Save Our Children is a distracted driving prevention program of Spectrum Health United and Kelsey Hospitals that is funded through charitable donations. It targets ninth-grade students in Montcalm County-area high schools. Teens participating in this program have a simulated, reallife experience of what it feels like to drive distracted or under the influence of drugs and alcohol. This is a controlled environment with interactive software and specifically designed equipment. Adults are on hand to supervise and explain the simulated experiences as the teens interact with the program equipment. "Young drivers have spent less time behind the wheel and do not have previous experience to draw on. We're here to help them make healthy decisions," said Norma Sower, Spectrum Health United and Kelsey Hospitals Community Education Supervisor. "Our focus is on what the experience is like. We can tell kids all day long what is going to happen when distracted, but it's the actual experience they remember and hopefully think about when driving."

Participating teens tell us the program is effective because the simulations reinforce other media campaigns about the dangers of texting, alcohol and drug distractions. Teens are sharing their experiences with family and friends. This collaborative program brings schools, law enforcement, local media, generous community partners, volunteers and parents together to make a difference in the communities we serve through education and prevention. Thank you!

> 1,752 Students from 8 school districts participated in 2015

13,850 Students since the beginning of the program 10 years ago



Kids who start drinking young are 7 TIMES more likely to be in an alcohol-related crash



Healing Through Laughter, Friends and Giving

Endowment provides support to families after stillbirth

In 2015, The "Ladies Tee Party" sank its final putt and surpassed its goal after raising more than \$200,000 for the Sleeping Angels Endowment. The fund was established in 2008 in memory of Katherine and Mike Schoenborn's children: Jonas Nathaniel, Evan Christian and Ian Henry. The triplets were stillborn on December 15, 2007.

"What should have been a time of incredible joy was suddenly a time of deep devastation," Katherine said. "While we were reeling from the loss of our sons, we had to make decisions about their burial and pay for a funeral. It was overwhelming." Going forward, the fund will forever assist families in similar circumstances with memorial and interment expenses after stillbirth.

What started with a conversation between Katherine and friend Marureen Fitzgerald Penn grew into a unique opportunity to support Katherine and Mike. The "Ladies Tee Party" was the vision of Maureen, and originally intended as a charity golf event where women could come together and enjoy a day of fun and friendship. Each year, organizers created new activities to augment the golf scramble. "There will never be an event quite like it," Katherine said. "As we say, 'it's not your grandma's tea party."

Starting the day with a mimosa send-off, women could pay "swingers," aka volunteer men, to take a golf swing for them, dress up in costume, have a massage and dance the day away with the on-course DJ. The outing grew from 60 golfers the first year to 280 in 2015 with a waiting list of additional participants. "Women always work hard. We struggle to balance work and family, and seldom do good things for ourselves," said Katherine. "This outing allowed women to take a day away, enjoy and have fun without the guilt because of what we sponsored."

In order to encourage more women to participate, the cost was lower than the average charitable golf event. "Through the power of many caring women, we've been able to fund the Sleeping Angels Endowment and support our sisters in the community as they face this unthinkable resolution to what should have been the most joyful moment of their lives," said Maureen. "Starting the endowment seemed daunting at first; we walked in the door with a vision, a plan and about \$25 between us! However, the result today is a testament to the eight years of support from countless volunteers, donors and participants in this goofy, unpredictable and irreverent event. When you think about grassroots philanthropy—this is what it can look like. Real people who each dig a little deeper in their pocket to help ease the grief of someone they've never met."

The "Ladies Tee Party" ended on a high note, the perfect ending to an extraordinary story. Today, Katherine and Mike have two sons, making life busy and active. They took a life experience that was beyond their control, and created something special that makes a difference. "How do you say 'thank you' to this amazing group of women who always showed up and gave so generously?" said Katherine. "We are humbled and forever grateful for their support."





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Partnership Funds Greater Access to Health and Well-being

Tamarac memberships help improve every aspect of health

Fremont Area Community Foundation and Spectrum Health Gerber Memorial Hospital share a common vision of improving the health of the communities they serve. Thanks to a community foundation grant to Tamarac, a Spectrum Health fitness and wellness facility in Fremont, they are treating the whole person by providing access to wellness education, in addition to fitness training.

In 1933, two visionary philanthropists laid the groundwork for what would become Fremont Area Community Foundation. Since 1972, the foundation has been giving back to thousands of Newago County residents. The foundation identifies five areas of focus: education, community and economic development, natural resources, nonprofit sustainability, and poverty to prosperity. "Rural areas with low levels of educational attainment experience higher rates of poverty and unemployment," said Carla Roberts, president and CEO of Fremont Area Community Foundation. "Wellness and access to care are part of the educational process, because a healthy body is just as important as a healthy mind. Tamarac is a great partner because its offerings go beyond exercise. It provides the opportunity to learn about a more holistic approach to health. This grant provides access to Tamarac membership for residents who would not otherwise be able to take advantage of this resource and includes the option of a personal trainer to guide their wellness journey."

For Jasen Routley, the funding allows him a membership and personal training close to home. He can develop and maintain the necessary strength to remain living independently something that was uncertain 11 years ago when he was paralyzed in an ATV accident. "After the accident, I was driving to Grand Rapids two times a week and I simply couldn't afford to continue," said Jasen. "My workouts here are three days each week and help me maintain strength and improve my quality of life. I am able to drive my vehicle, which gives me the ability to enjoy a variety of activities with my son." Jasen co-manages and runs a boat rental service on Fremont Lake and enjoys being outdoors as much as possible. "I am thankful for everything Spectrum Health, Tamarac and the Fremont Area Community Foundation do for me and my family."

Joshua Gustafson, director of community health for Tamarac, and Carla agree Tamarac is more than a gym. "We believe fitness is only one of the factors contributing to overall health improvement," said Josh. "We help people improve each aspect of their health while empowering and educating them along the way." Tamarac is a great example that health and well-being are essential to overall health improvement.

> 433 Community members benefited from the grant funding in Newaygo





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Boston-based Challenge Impacts Neuroblastoma

Cooper's path to healing

West Michigan donors enthusiastically met Beat Neuroblastoma's \$1 million match challenge to fight neuroblastoma (NB). Beat Neuroblastoma is a Bostonbased foundation formed by Pat Lacey to help raise funds to research a cure for neuroblastoma, including Helen DeVos Children's Hospital and work being done by Giselle Sholler, MD, to treat this disease.

Their son Will is a NB survivor after successfully completing treatment. Today, he is cancer free. Neuroblastoma is a cancer that affects children. It is among the most common childhood tumors, and accounts for 15 percent of all pediatric cancer deaths. For the majority of children, neuroblastoma cases are aggressive with survival rates of less than 50 percent. Philanthropic support of Dr. Sholler's DFMO (difluoromethylornithine) research and trials is keeping children in remission. Children like Cooper Glaze.

In a leap of faith, Tom and Alyson Glaze, along with their children, Olyvia and Cooper, left Indiana and their families in pursuit of Tom's career. This brought their family to Grand Rapids, Michigan. "It immediately felt right," said Alyson. "When we decided to purchase a home, we fell in love with one in a wonderful neighborhood. We met our neighbors, Gary, Deanna and their daughters. Only God knew what all of this would mean to our family a year later. God's fingerprints were on every detail," said Alyson.

> 175 Donors met the match with gifts ranging from \$10 to \$100,000

Two-year-old Cooper developed a persistent bruise near his right eye. A pediatrician referred them to an ophthalmologist who ordered an MRI. Two days later, Cooper was at Helen DeVos Children's Hospital. Deanna Mitchell, MD, their wonderful neighbor, became Cooper's neuroblastoma specialist. "We chose not to use the 'c' word with Coop or Lyvi," Alyson said. "Our eyes were fixed on Cooper's complete healing and cure. We developed a rock-solid faith built on prayer, trust and patience."

Cooper went through six rounds of chemotherapy, a stem-cell transplant, 13 radiation treatments and an additional dose of chemotherapy. He spent more than 125 days as an inpatient before achieving full remission. He then completed accutane therapy and a six-month regimen of immunotherapy. Cooper celebrated his final round of immunotherapy on July 4, 2013—his very own Independence Day. In the fall of 2013, he started the DFMO two-year clinical trial and finished the trial on October 12, 2015.

Today, Cooper Glaze is a completely healthy, uninhibited and thriving 6-year-old who has deep-seated joy. He lives every day with boundless energy. The Glaze family helped meet Beat Neuroblastoma's challenge by becoming "sustaining champions" through a monthly recurring gift. They are grateful for the opportunity to pass along their blessings to those beginning their own path to healing. The foundation sincerely thanks our Beat Neuroblastoma's challenge donors for changing and saving the lives of our neuroblastoma patients. Trust in the Local with all your heart and leave not on your own understanding: in all your ways submit to think, and the will where Caoper's paths straight Proverts 5.54 MIN





Clinical Research Trials

New ways to prevent, detect and treat cancer

A donated blood or marrow transplant provides hope of a cure for leukemia or lymph node cancer patients. Unfortunately, this hope can quickly turn into a cellular competition between the recipients' immune system and the donated blood or marrow. Known as "graft-versus-host disease," this complication is the leading cause of death in transplant patients. Thanks to your generous donations, Spectrum Health Medical Group Blood and Marrow Specialist Ahmad Samer Al-Homsi, MD, is on the forefront of research in both prevention of the disease and the enhancement of the lives of transplant patients. Patients like Cheryl.

For Cheryl, life was good and there was a lot to celebrate after beating breast cancer. As she approached the five-year milestone, she attributed her shortness of breath and fatigue to seasonal allergies. Until one day she could not finish a weekly tennis game and instinct told her it was more. One in 1,000 people have the risk of developing leukemia from chemotherapy, and blood tests quickly determined Cheryl was that one in a thousand.

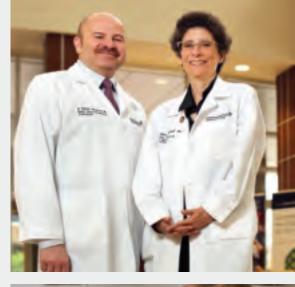
Cheryl and adult blood and marrow transplant lead physician Stephanie Williams, MD, and Dr. Al-Homsi created a care plan: 26 days of aggressive chemotherapy treatments to rid her body of the leukemia followed by a bone marrow transplant. Managing this procedure was a complex endeavor for Cheryl. Fortunately, physicians and caregivers at the Lettinga Inpatient Cancer Center at Spectrum Health Cancer Center are ready for such challenges.

Cheryl received her transplant at Spectrum Health after Dr. Williams identified a suitable match in Germany. She spent the next four weeks in isolation. For Cheryl, and often for others, this can be traumatic, because physical isolation is accompanied by emotional isolation. "I was up for the physical fight. I don't know that I fully understood the emotional turmoil until after I was home," said Cheryl. "The staff and Dr. Williams were the only individuals who truly understood my journey and how difficult it was. They knew when I was having a bad day and would sit and pray with me. They touched my heart."

The care she received affected Cheryl, who is planning to pay it forward by volunteering for others in isolation and fighting for recovery. Cheryl credits the care she received and the graft-versus-host research for helping her conquer this battle. She was back to playing tennis three weeks after returning home.

Your donations are changing and saving lives of blood and marrow transplant patients through Dr. Al-Homsi's research clinical trials, and caring for their physical and emotional needs.









Thank You to Our Guilds and Auxiliaries

The guilds and auxiliaries of Spectrum Health, including Helen DeVos Children's Hospital, perform outstanding services to patients and families. These dedicated and concerned women contribute thousands of hours of service, creating an environment of care, compassion and dedication. Together, we are pursuing our mission of improving the health of our communities.

The guild and auxiliary members are also known for their numerous fundraising efforts and donor contributions. We appreciate and honor your history and your endless generosity.

THANK YOU!

Served 2015 - 2016

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Endowed Funds

Endowments are a unique opportunity for benefactors to bestow a privilege to Spectrum Health, including Helen DeVos Children's Hospital. Endowment funds ensure permanency to designated programs, projects and services at Spectrum Health as well as donor recognition for the legacy created. We are indebted to those of you who have established endowed funds, as well as those who support focus-area endowed funds. These funds help make it possible for our team of dedicated health care professionals to more fully and compassionately care for our patients and their families. Thank you for your commitment to advancing health care today and tomorrow. Thank you for ensuring a future of excellence.

Big Rapids and Reed City Hospital Kristi Bergelin Andres Endowment Gerald Mike Cousineau Endowment Daugherty Family Endowment Family Medicine Canadian Lakes Endowment John E. Hall and Scott W. Hall Wheatlake Center Men's Cancer and Wellness Endowment John S. Voelker Endowment Susan P. Wheatlake Women's Cancer and Wellness Endowment

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Cancer Center

Betz Family Endowed Chair for Cancer Research
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Dr. Robert and Mary Hydrick Endowed Fund for Breast Cancer Research and Clinical Trials
Lettinga Cancer Center Endowment Fund
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Helen DeVos Children's Hospital

Aidan's ARMS Endowment Fund Donis Armstrong Endowed Fund for Pediatric Hematology/Oncology Excellence Blanche E. Ash Endowed Fund for Clinical Research The Ken and Judy Betz Family Endowed Fund for Excellence at Helen DeVos Children's Hospital Center for Child Protection Excellence Fund Child Life Endowment Peter C. and Pat Cook Endowed Fund for the Peter C. and Pat Cook Library at Helen DeVos Children's Hospital William and Janice Currie Endowed Fund for Excellence at Helen DeVos Children's Hospital DeVos Endowed Fund for Pediatric Research Helen DeVos Children's Hospital Excellence Fund Richard and Helen DeVos Anniversary Endowed Scholarship Fund Trisha Ehinger Endowed Fund for Pediatric Critical Care Louise Elzinga Endowed Fund for Helen DeVos Children's Hospital

Endowed Funds continued

Pediatric Music Therapy Endowment





- Larry and Nancy Erhardt Endowed Fund for Children and Worship at Helen DeVos Children's Hospital
- Dr. James and Gail Fahner Endowed Fund for Child Life Scholarships
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- Haworth Family Pediatric Oncology Innovative Therapeutics Clinic Endowed Fund
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- The Ted and Jane Von Voigtlander Endowed Fund for Excellence at Helen DeVos Children's Hospital
- John and Margaret Whitlock Endowed Fund for Neonatal Services
- Jerry and Bey Whitten Endowed Fund for Excellence at Helen DeVos Children's Hospital
- The Miller Willit Family Endowed Fund for Innovation in Children's Health Care

Ludington Hospital

Ludington Hospital Endowment Fund Summit Endowment for Nursing Education

Patient and Family Support

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N.L. Avery - Teacher's Endowment Fund
Dr. Ralph Blocksma Endowed Lectureship
M.C. Blodgett - Postgraduate Endowment Fund
Butterworth Hospital School of Nursing Alumni
Association Endowed Fund for Nursing
Continuing Education
Mary Lou Byrd Endowed Anesthesiology Research and Education Fund









Nellie Clements Guild Endowed Fund for Nursing Continuing Education and Professional Development **Clinical Laboratory Education Endowment** Community Health Worker Education Endowment Fund Peter C. and Pat Cook Endowed Clinical Research Training Fellowship Ferguson Digestive Disease Institute Excellence Fund J.T. Hodgen Memorial Lecture and Fellowship Fund Edward and Susan Lowe Endowed Fellowship for Advanced Education of Physicians Verland and Carol McLeod Endowed Scholarship for Advanced Nursing Education Medical Technology Education Endowment Fund Radiology Services Education Endowment Fund Sandra Roelof Lifetime Achievement Award in Nursing Endowment Dorothy Roskamp Endowed Fund for Nursing Educator **Continuing Education** Scholarship for Pathology Assistants Endowed Fund Marion C. Steketee Endowed Scholarship for Nursing

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- Trauma Services Education and Research Endowment Fund
- Dr. Kenneth J. VanderKolk Endowed Lectureship for the Advancement of Medical Scholarships
- CGA Voigt Memorial Endowed Scholarship to Support Advanced Education of Nurses

Merrill Wells Memorial Lecture Endowed Fund Samuel L. Westerman Foundation Endowed Fund for Nursing Education

Waunda Mae Wyndle Endowed Fund for Nursing Continuing Education and Professional Development

United and Kelsey Hospitals

Kelsey Hospital Endowment United Hospital Endowment

Ways to Make a Difference

There are ways for all of us to make a difference. From popcorn sales, golf benefits, corporate sponsorships to individual giving, every gift matters. Together, we are changing and saving the lives of our patients and their families every day.

Thank you for choosing to share your treasures with us. If you would like more information, we are here and prepared to explore ways of giving most suited to your passion and circumstances. Please contact us or visit our website at spectrumhealthfoundation.org.

There is no limit to the ways you can get involved and give of your time, talents and resources. Here are some ideas:

- Sponsor and participate in one of our events (e.g., golf outings, gala or charity ball, community runs and walks, other fundraisers)
- Support local school fundraisers that benefit the hospital
- Purchase a wish list item to help patients and families
- Create a gift of forever by establishing an endowment or planned gift
- Volunteer at our hospitals and events, or join a guild

If you would like more information on ways you can make a difference, contact the organization you are interested in working with:

Spectrum Health Foundation Helen DeVos Children's Hospital Foundation Brad Kaufmann 616.391.5149 bradley.kaufmann@spectrumhealth.org

Spectrum Health Big Rapids and Reed City Hospitals Sue Snavley 231.592.4210

susan.snavley@spectrumhealth.org

Spectrum Health Gerber Memorial Paul Bedient 231.924.1102 paul.bedient@spectrumhealth.org

Spectrum Health Ludington Hospital Kaley Petersen 231.845.2233 kaley.petersen@spectrumhealth.org

Spectrum Health Pennock Janine Dalman

269.945.3651 janine.dalman@spectrumhealth.org

Spectrum Health United and Kelsey Hospitals Shelly Westbrook

616.225.6416 shelly.westbrook@spectrumhealth.org

Spectrum Health Zeeland Community Hospital

Tamara Elhart 616.748.3639 tamara.elhart@spectrumhealth.org



Distribution of Funds

Your gifts make a difference each day at Spectrum Health. Because of you, philanthropy provided an incredible \$15.1 million to help support clinical care, patient and family support programs, and research and innovation initiatives.

Spectrum Health

Baby Scholars Program Betty Ford Breast Care Services Betz Family Endowed Chair for Cancer Research Blodgett Nursing Alumni Burn and Trauma Education Butterworth Nursing Alumni Canine Unit Close Enough to Care DeVos Cardiovascular Research Program (a collaboration between Spectrum Health Frederik Meijer Heart & Vascular Institute and Van Andel Research Institute) Donated Fine Art Collection Ferguson Digestive Disease Institute Fred and Lena Meijer Heart Center Programs Frederik Meijer Heart & Vascular Institute Lemmen-Holton Cancer Pavilion Lettinga Inpatient Cancer Center Mammograms for the Underserved Nursing Scholarships and Recognition Pastoral Care Patient and Family Assistance **Primary Care Services** Project Save Our Children **Regional Outreach Programs** Renucci Hospitality House Resident Life of Continuing Care Campuses

Respiratory Research & Therapy Richard DeVos Heart & Lung Transplant Program Sleeping Angels for Families Who Experience Stillbirth Spectrum Health Big Rapids and Reed City Hospitals Spectrum Health Diabetes Services Spectrum Health Hospice and Palliative Care Spectrum Health Ludington Hospital Spectrum Health Nursing Center of Excellence Spectrum Health Pennock Hospital Spectrum Health Regional Burn Center Spectrum Health Research Spectrum Health Respiratory Services Spectrum Health Tamarac Spectrum Health United and Kelsey Hospitals Spectrum Health Zeeland Community Hospital Strong Beginnings Program Visiting Nurse Association Women's Health Services

Helen DeVos Children's Hospital

Bone Marrow Transplantation Center for Child Protection Child Life Program Clinical Decision Unit Peter C. and Pat Cook Library and Media Center Congenital Heart Center Cystic Fibrosis Program

The Gerber Center for Infant Nutrition and Development The Gerber Foundation Neonatal Center Haworth Family Pediatric Oncology Innovative Therapeutics Clinic Healthy Weight Center Injury Prevention Program Neonatal Nurse Practitioner Program Neurodevelopment Program NMTRC Clinical Trials Nursing Scholarships and Recognition Oral Cleft Clinic Patient and Family Assistance Pediatric Diabetes Program Pediatric Endocrinology Program Pediatric Hematology and Oncology Pediatric Intensive Care Unit Pediatric Nephrology Program Pediatric Oncology Resource Team (P.O.R.T.) Pediatric Oral Cleft Specialty Clinic Pediatric Pastoral Care and Bereavement Services Pediatric Pulmonary Clinic Pediatric Research **Regional Outreach Programs** Renucci Hospitality House Sickle Cell Anemia Clinic Visually Impaired Sports Day We Do Care



Financial Summary

Spectrum Health Foundation and Helen DeVos Children's Hospital Foundation combined statements of activity (in thousands)

Thanks to your generosity, we were able to provide our patients and their families a broader, more sophisticated offering of high-quality services. Donations of all sizes support clinical care, patient and family support programs, and research and innovation initiatives.

Year ending June 30	2015
Revenues	
Contributions	\$24,870
Net Investment Income	2,056
Other Revenue and Transfers	414
Total Revenues	27,340
Expenses	
Program Distributions	
Program Services	13,204
Capital Transfers	1,903
Total Program Distributions	15,107
Operational Costs	
Fundraising	1,812
Program	975
Administrative	960
Total Expenses	18,854
Net Asset Transfer From Affiliate	2,741
Contribution Received in Donation of Affiliate	6,257
Change in Net Assets	17,484
Net Assets, Beginning of Year	129,506
Net Assets, End of Year	\$146,990

Thank You for Changing and Saving Lives

Your gift matters and makes a difference in advancing the health and well-being of the adults, children and families we care for every day. Your commitment is providing new and expanded patient services, support and innovative research for today and tomorrow. Thank you for choosing to support Spectrum Health Foundation and Helen DeVos Children's Hospital Foundation. 100 Michigan Street NE | MC004 Grand Rapids, MI 49503 616.391.2000 toll-free 888.260.8465 fax 616.391.3098 spectrumhealthfoundation.org

